Marathon Race

Register now for the Marathon Race

16th March 2014

Register Now

Description of Course

The course of the Limassol International Marathon GSO is of a low degree of difficulty. It is essentially a flat race with its unique characteristic being the long straight lines, and the greatest part of the marathon taking place along the coastal road of greater Limassol.

The start of the race is on the seafront of the Limassol city, Molos area (the promenade).

The athletes head east towards ancient Amathus, a coastal route via the municipalities of Limassol, Agios Athanasios and Germasogia. The route is almost entirely straight with no bends.

At the 8th km athletes will enter the area of Agios Tychonas which begins with a downhill run and reaches an altitude of 10 meters at the 9th km. Next, they will meet a few inclines and a downhill until the 10th Km.

The course follows one big straight line with the altitude reaching 18 meters at the 12th Km where runners will find the municipality of Agios Tihonas, changing direction from east to west and beginning the return part of the course on the other side of the coastal street, beginning with a light incline leading to the centre of Limassol.

Following the course to the city centre, athletes will pass the starting point on 28th October Avenue heading towards the historical centre of Limassol, almost at sea level, without any altitude differences.

At the 25th Km the course heads towards the new harbour passing through Christodoulou Hadjipavlou Street, Spyros Araouzou Street, Constitution, Xhelal Bajar, and Franklin Roosevelt Avenue (which is the palm tree lined road).

From there the course will revert to the historical centre again, where runners will reach the finish line.



General Information

- Participation fee: €50.00
- Microchip timing
- Day of Event: 16th March 2014
- Start Time: 9:00am
- Start: Molos, Limassol
- Finish: Molos, Limassol

For the assignment of personal numbers (bibs) and for merchandise please contact the OLYMPUS EVENT MANAGEMENT office. Distribution take place on Friday the 14th March and will end on Saturday the 15th March at <u>Carob Mill - The Evagoras Lanitis Center</u>, Limassol. Office hours as follows:

Friday and Saturday 09.00 - 18.00 hrs

Age Categories

- Group 18-29
- Group 30-39
- Group 40-49
- Group 50-59
- Group 60-69
- Group 70+

Optional Exrtas

This year we are happy to provide you with our exclusive Limassol Marathon branded T-Shirts which can be found in Graphic Style and in Technical Style please see details and prices below.

To purchase your Limassol Marathon T-Shirt, you will need to register to run in one of our races and select the quantity, size and style of T-Shirt you desire directly on our registration

page. If you are not running and you would like to purchase our official Limassol Marathon branded T-Shirt ask a friend who is running, to purchase it for you!

Limassol Marathon 2014 - Graphic T-Shirt

Wear it with pride, these are comfortable soft T-Shirts made from 100% Cotton.

- Price: 9.90 Euro
- Fabric: 100% Cotton
- Short sleeve
- Sizes: S, M, L, XL, XXL
- Order with registration

Limassol Marathon 2014 - Technical T-Shirt

Wear it with pride, these are quality Technical T-Shirts made from 100% polyester eyelet mesh.

- Price: 19.90 Euro
- Fabric: 100% Polyester
- Short sleeve or Vest
- Sizes: S, M, L, XL, XXL
- Order with registration

Cyprus Traditional Night with Folkloric Dancing Show in the Heart of the Old Town

A visit to Cyprus would not be complete without sampling its traditions and hospitality, so why not join us after the race, to experience a most authentic and unforgetable Cypriot Night, filled with fun and entertainment for all.

This evening will be an opportunity to sample local speciality dishes in the form of a "Meze" in buffet style, accompanied by local wine from the best wineries in Cyprus and not only.

Cypriot, entertainment is both lively and fun with dancers in local national costumes performing Cypriot dances, encouriging everyone to join in and learn the steps. The highlight of the evening will be the performance by the famous "glass balancing dancer", who can balance over 35 glasses on his head whilst dancing to the beat of the Cypriot music! This will certainly be a very memorable evening, involving a lot of food, drinks, entertaiment and most importantly fun and fond memories for our Limassol Marathon Participants to take home with them, until NEXT YEAR, when they will be back to run again!

Pice includes, Welcome drink upon arrival, Cypriot Greek buffet with many local speciality dishes, unlimited local drinks including wine, beer, soft drinks, and water, the Folkloric Dancing show, and 1 traditional Cypriot gift per person.

- Price: 49.00 Euro per person
- Date: 16th March 2014
- Time: 7:00pm
- Venue: <u>Carob Mill The Evagoras Lanitis Center</u> (Limassol Castle Grounds in the Heart of the Old Town)
- Reserve your place directly on our registration page

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